Lanier Health Services
Employee Newsletter

August 2010

TLC Fund, Tender Loving Care

...A cause worth giving to

Edward Lane, Manager of Environmental Services

Edward is often called upon to preside as a Lanier Chaplain and often referenced as the "Rev".

Edward, we know that you will do a great job.

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TLC Fund is an employee funded program designed to assist employees who are experiencing financial difficulty, due to no fault of their own.

Since the fund was established in 1999, it has provided much needed financial assistance to Lanier employees and their families.

In 2009, the TLC Fund gave approximately $3500 to employees to assist with a variety of needs. Thus far, in 2010, approximately $3500 has been given in financial assistance.

To be eligible to receive assistance from the TLC Fund, employees must complete an application stating the amount of their financial need, and state the reason why assistance is needed.

The TLC Fund is composed of a committee of ten Lanier employees. The Chairperson is the only committee member who will know the name of the applicant. The chairperson assigns a case number to the application and removes the applicants name. The application is sent to the other committee members to review, discuss, and accept or reject the applicant's request. The applicant's request is sometimes validated with outside agencies.

In the past, the TLC Fund has helped employees pay house payments and power bills. The fund has helped pay the costs associated with travel for employees who had sick family members at UAB, etc. The fund has assisted employees with the expenses associated with the death of their spouse, and assisted employees whose homes have burned.

The TLC fund is a way that Lanier employees can help each other.

Employees are encouraged to contribute to the fund. Payroll deduction forms are available in Human Resources.

Contact Sharon Holloway if you would like to learn more about the TLC Fund.

sholloway@lanierhospital.com or call her at extension, 1132.
**Lanier’s Junior Volunteers**

Lanier Health Services is honored to have such a wonderful Junior Volunteer program. In the month of June, there were 19 Junior Volunteers that worked a total of 862.75 hours. Wiky Gladden, Director of Volunteer Services said, “This is the most hours worked by any Junior Volunteer group.” It is remarkable that these students committed many of their summer hours to help Lanier Health Services.

The volunteers worked in many departments throughout Lanier; such as the Emergency Department, Nursing Home, Human Resources, and at the Lobby Front Desk.

They assisted with filing, running errands, transporting patients, and directing patients, visitors and families.

To be eligible for the Junior Volunteer Program, a student must be between the ages of 14—18. They must complete an application, be interviewed, selected, and attend a volunteer orientation class.

For more information about the Junior Volunteer program contact Wiky Gladden at extension 1646.

**Quality Update, from Allison Richards**

**QUALITY UPDATE**
Just a reminder to be sure you are utilizing the updated Quality Initiative Checklists on any of your patients admitted with AMI/ Chest Pain/ Angina, Heart Failure, Pneumonia, or Surgery!

**Core Measures Tips/ Reminders:**
Heart Failure: Don’t forget to do Heart Failure Education on your patients and document! AMI: Help us watch for Aspirin on Arrival! If the patient has already taken his/ her Home Med Aspirin, make sure to document that.

Pneumonia: Please remember to screen your patients for their Vaccines and follow through on giving the Vaccine when indicated.

Surgical Care: Did you know post-op patients should have their Foley catheters removed by the end of post-op day 2? If the patient requires a continued Foley, the physician should document a reason. Don’t forget to document the removal of the Foley.

Thanks for all your hard work in the care of our patients!

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**When I am tired and can not sleep, I count my blessings, not sheep.**

**Author—Unknown**

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“Good judgment comes from experience, and often experience comes from bad judgment.”

**Rita Mae Brown**

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You Are a Winner

If your employee number is 03171 or 03553, come by Human Resources and pick up your free movie tickets.
**August Birthdays!**

- Lindsay Aubin 1
- Peggy Farr 1
- Tammie Williams 1
- Holly Marasco 2
- Sonya McRae 3
- Heather Price 3
- Kim Knowles 4
- Jeff Parton 4
- Paul Story 4
- John Earnest 5
- Mary Hines 6
- Detra Landers 6
- Jeff Nolen 6
- Cathy Evans 7
- Jennifer Williams 9
- Jelynn Frieson 10
- Deana Harmon 10
- Torri Blackmon 11
- Steve Hooks 11
- Leslie Carmichael 12
- Tamara Collins 13
- Erika Jackson 13
- Sarah Schmidt 13
- Jenna Williams 14
- Kathy Kendrick 15
- Tia Edge 17
- Barbara Persons 18
- Regina Boozer 19
- Sharina Donohoe 19
- Cathy Moore 19
- Angie Whitlow 19
- Edward Lane 20
- Archie McCullough 20
- Naketta Billingslea 21
- Kim Buice 21
- Carolyn Gary 21
- Detrissa Patterson 21
- Cathy Rodgers 21
- Charlotte Saddler 22
- Gary Smith 23
- Hollye Miller 24
- Brittany Crenshaw 25
- Ken Phillips 25
- Elizabeth Seybolt 25
- Tommy Lane 26
- Cassandra Adams 27
- David Brooks 28
- Rebecca Cowan 29
- Mandy Hubbard 29
- Nina Pike 29
- Marcy Staley 29
- Jennye Stiggers 30
- Annette Brady 31
- Jeri O’Dell 31
- Alison Yarbrough 31

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**Cindy Brooks named Director of Public Relations**

_Congratulations to Cindy Brooks who was recently named Director of Public Relations._

Cindy will promote Lanier’s physicians and the many services that Lanier has to offer to the community.

Cindy will continue to assist with Physician Recruitment.

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**2 and 3 East Get a Facelift**

Lanier continues to improve the appearance of the facility. Patients, visitors and employees are talking about how great 2 and 3 East look.

These areas recently received a face lift. The rooms and the hallways were painted and the floors retiled throughout.

The changes coordinate with the other newly renovated areas throughout Lanier.
Preventing Violence in the Healthcare Setting

In June, the Joint Commission issued Sentinel Event Alert #45 regarding violence in healthcare. One of the suggested actions is for hospitals to conduct an employee survey. We have developed a short survey aimed at determining what you think our risk for violence is at Lanier. The survey is attached and can also be found on datafiles. (Go to datafiles/Public-Manuals. Click “Employee Risk Assessment” to print a copy.)

You do not have to provide your name. We are only asking that you complete a survey and help us determine if violence or possible violent acts may be a problem at Lanier. You can return the completed survey to either Clara Pitts in HR or LeAnn McCullars in Engineering. If you wish to remain anonymous, you can also put the completed survey in the HR or Building Service box in the mailroom. We will share the results of the survey in a future newsletter. If you have any questions about the survey, please call LeAnn at ext. 1414.

EMPLOYEE RISK ASSESSMENT QUESTIONNAIRE

<table>
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<tr>
<th>WORKPLACE VIOLENCE</th>
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<tr>
<td>Date: __________________________</td>
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1. Have you experienced verbal abuse (swearing, insults, or degrading language) while employed with Lanier?  
   Yes _____  No_____  
   a. If yes, did you report the incident(s)  
      Verbally _____  In Writing_____  
   b. What was the relationship of the abuser to you?  
      Co-worker____ Patient/Family member_____ Other_____  

2. Have you experienced verbal or written threats while employed with Lanier?  Yes ___ No ___  
   a. If yes, did you report the incident(s)  
      Verbally____ In Writing____  
   b. What was the relationship of the abuser to you?  
      Co-worker____ Patient/Family member_____ Other_____  

3. Have you been threatened with physical harm while employed with Lanier?  Yes___ No___  
   a. If yes, did you report the incident(s)  
      Verbally____ In Writing____  
   b. What was the relationship of the abuser to you?  
      Co-worker_____ Patient/Family member_____ Other_____  

4. Have you experienced a physical assault or attack while employed at Lanier?  Yes___ No___  
   a. If yes, did you report the incident(s)  
      Verbally___ In Writing____  
   b. What was the relationship of the abuser to you?  
      Co-worker_______ Patient/Family member_____ Other______  

5. Do you ever: (check all that apply)  
   _____ work alone  
   _____ work in small numbers of co-workers  
   _____ work late at night  
   _____ work early in the morning  
   _____ go to patient homes  
   _____ handle cash or prescription medications  
   _____ drive on work-related business  

6. Do you think that workplace violence is a risk at Lanier?  Yes _____ No____  
   If yes, please explain why.  

Name (optional) ________________________________________________________
Save The Date!
SATURDAY, OCTOBER 9TH,
8:00 am until 12:00 am
Lanier Health Services will
Partner with the
City of Valley
at the Community Center
for the Annual Health Fair

Worker’s Compensation
Reminder:
Lanier’s Worker’s Compensation Carrier requires that all employees with worker’s compensation injuries receive a drug screen.

A drug screen should be given to the employee regardless if medical treatment is received or not.

Employees are also required to report the injury in a timely manner. Failure to do so could result in disciplinary actions.

Be Healthy
Recipe
Spinach and Grapefruit Salad

Takes 30–60 minutes to prepare; makes 6 servings.

1 red onion, thinly sliced
2 large grapefruits
1/3 cup frozen orange juice concentrate
1 tablespoon Dijon mustard
10 ounces baby spinach leaves
2 teaspoon red wine vinegar
2 teaspoon granulated sugar
1 teaspoon olive oil
Salt
Freshly ground black pepper

In a bowl, stir together vinegar, sugar, oil, a pinch of salt and black pepper to taste. Add onions and stir to coat thoroughly. Set aside for 15 to 30 minutes.

• Remove grapefruit skins with a serrated knife. Cut the grapefruit segments from the membrane and place in a bowl. Squeeze juice from the membranes into the bowl as well.

• In a food processor, combine orange juice concentrate, mustard, juice from the grapefruit segments, 1 heaping tablespoon of the marinated onions and a pinch of salt. Process until smooth.

• In a large salad bowl, toss spinach and salad dressing. Drain marinated onions and add to the salad along with the grapefruit segments. Toss gently and serve immediately.

Source:
Alere Healthy Living Kitchens