

Lanier Health Services Employee Newsletter

August 2010

*"To give without any reward, or any notice, has a special quality of its own."
- Anne Morrow Lindbergh*

TLC Fund, *Tender Loving Care*

... A cause worth giving to

Summer Recipe

"Onion Relish"

2 Shredded
-Vidalia Onions
1/2 Cup Mayonnaise
1/2 Cup
-Red Wine Vinegar
2 tbs brown sugar

Shred the onions with a food processor,
Mix All the Ingredients together

Chill and Enjoy

The TLC (Tender Loving Care) Fund is an employee funded program designed to assist employees who are experiencing financial difficulty, due to no fault of their own.

Since the fund was established in 1999, it has provided much needed financial assistance to Lanier employees and their families.

In 2009, the TLC Fund gave approximately \$3500 to employees to assist with a variety of needs. Thus far, in 2010, approximately \$3500 has been given in financial assistance.

To be eligible to receive assistance from the TLC fund, employees must complete an application stating the amount of their finan-

cial need, and state the reason why assistance is needed.

The TLC Fund is composed of a committee of ten Lanier employees. The Chairperson is the only committee member who will know the name of the applicant. The chairperson assigns a case number to the application and removes the applicants name. The application is sent to the other committee members to review, discuss, and accept or reject the applicant's request. The applicant's request is sometimes validated with outside agencies.

In the past, the TLC Fund has helped employees pay house payments and power bills. The fund has helped pay the costs

associated with travel for employees who had sick family members at UAB, etc. The fund has assisted employees with the expenses associated with the death of their spouse, and assisted employees whose homes have burned.

The TLC fund is a way that Lanier employees can help each other.

Employees are encouraged to contribute to the fund. Payroll deduction forms are available in Human Resources.

Contact Sharon Holloway if you would like to learn more about the TLC Fund.

sholloway@lanierhospital.com or call her at extension, 1132.

Inside this issue:

TLC Fund	1
Junior Volunteers	2
Quality Update	2
August Birthdays	3
Preventing Violence	4
Community Health Fair	5
Worker's Compensation	5

Edward Lane, Manager of Environmental Services

Lanier is proud to announce that Edward Lane has accepted the position of Manager of Environmental Services.

Edward's goal is to provide exceptional quality service, with great customer service throughout Lanier.

Edward is often called upon to preside as a Lanier Chaplain and often referenced as the "Rev".

Edward, we know that you will do a great job.



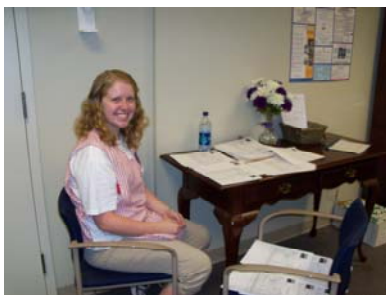
Lanier's Junior Volunteers

Lanier Health Services is honored to have such a wonderful Junior Volunteer program. In the month of June, there were 19 Junior Volunteers that worked a total of 862.75 hours. Wiky Gladden, Director of Volunteer Services said, "This is the most hours worked by any Junior Volunteer group." It is remarkable that these students committed many of their summer hours to help Lanier Health Services.

The volunteers worked in many departments throughout Lanier; such as the Emergency Department, Nursing Home, Human Resources, and at the Lobby Front Desk.

They assisted with filing, running errands, transporting patients, and directing patients, visitors and families.

To be eligible for the Junior Volunteer Program, a student must be between the ages of 14—18. They must complete an application, be interviewed, selected, and attend a volunteer orientation class.

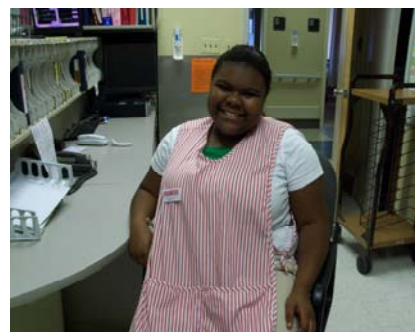


Courtney Martin is busy filing forms in Human Resources.

For more information about the Junior Volunteer program contact Wiky Gladden at extension 1646.



Junior Volunteer, Shawn Zimmermann helping Ms. Margaret Bartlett in the Gift Shop.



Kelsey Brown smiles as she assists the nurses on 2 East..

Quality Update, from Allison Richards

QUALITY UPDATE

Just a reminder to be sure you are utilizing the updated Quality Initiative Checklists on any of your patients admitted with AMI/Chest Pain/Angina, Heart Failure, Pneumonia, or Surgery!

Core Measures Tips/Reminders:

Heart Failure: Don't forget to do Heart Failure Education on your patients and document!
AMI: Help us watch for Aspirin on Arrival! If the patient has already taken his/her Home Med Aspirin, make sure to document that.

Pneumonia: Please remember to screen your patients for their Vaccines and follow through on giving the Vaccine when indicated.

Surgical Care: Did you know post-op patients should have their Foley catheters removed by the end of post-op day 2? If the patient requires a continued Foley, the physician should document a reason. Don't forget to document the removal of the Foley.

Thanks for all your hard work in the care of our patients!

"Good judgment comes from experience, and often experience comes from bad judgment."
 Rita Mae Brown

You Are a Winner
 xxxxxxxx

If your employee number is 03171 or 03553, come by Human Resources and pick up your free movie tickets.

When I am tired and can not sleep, I count my blessings, not sheep.
 Author—Unknown



August Birthdays!

Lindsay Aubin 1
 Peggy Farr 1
 Tammie Williams 1
 Holly Marasco 2
 Sonya McRae 3
 Heather Price 3
 Kim Knowles 4
 Jeff Parton 4
 Paul Story 4
 John Earnest 5
 Mary Hines 6
 Detra Landers 6
 Jeff Nolen 6
 Cathy Evans 7
 Jennifer Williams 9
 Jelynn Frieson 10
 Deana Harmon 10
 Torri Blackmon 11
 Steve Hooks 11

Leslie Carmichael 12
 Tamara Collins 13
 Erika Jackson 13
 Sarah Schmidt 13
 Jenna Williams 14
 Kathy Kendrick 15
 Tia Edge 17
 Barbara Persons 18
 Regina Boozer 19
 Sharina Donohoe 19
 Cathy Moore 19
 Angie Whitlow 19
 Edward Lane 20
 Archie McCullough 20
 Naketta Billingslea 21
 Kim Buice 21
 Carolyn Gary 21
 Detrissa Patterson 21
 Cathy Rodgers 21

Charlotte Saddler 22
 Gary Smith 23
 Hollye Miller 24
 Brittany Crenshaw 25
 Ken Phillips 25
 Elizabeth Seybolt 25
 Tommy Lane 26
 Cassandra Adams 27
 David Brooks 28
 Rebecca Cowan 29
 Mandy Hubbard 29
 Nina Pike 29
 Marcy Staley 29
 Jennye Stiggers 30
 Annette Brady 31
 Jeri O'Dell 31
 Alison Yarbrough 31

Cindy Brooks named Director of Public Relations

Congratulations to Cindy Brooks who was recently named Director of Public Relations.

Cindy will promote Lanier's physicians and the many services that Lanier has to offer to the community.

Cindy is eager to begin her new role. As always, Cindy's door is open and she welcomes input from employees and the community.

Cindy will continue to assist with Physician Recruitment.



2 and 3 East Get a Facelift



Lanier continues to improve the appearance of the facility. Patients, visitors and employees are talking about how great 2 and 3 East look.

These areas recently received a face lift. The rooms and the hall-

ways were painted and the floors retiled throughout.

The changes coordinate with the other newly renovated areas throughout Lanier.

Preventing Violence in the Healthcare Setting

In June, the Joint Commission issued Sentinel Event Alert #45 regarding violence in healthcare. One of the suggested actions is for hospitals to conduct an employee survey. We have developed a short survey aimed at determining what you think our risk for violence is at Lanier. The survey is attached and can also be found on datafiles. (Go to datafiles/

Public/Manuals. Click "Employee Risk Assessment" to print a copy.)

You do not have to provide your name. We are only asking that you complete a survey and help us determine if violence or possible violent acts may be a problem at Lanier. You can return the completed survey to either Clara Pitts in HR or LeAnn

McCullars in Engineering. If you wish to remain anonymous, you can also put the completed survey in the HR or Building Service box in the mailroom. We will share the results of the survey in a future newsletter. If you have any questions about the survey, please call LeAnn at ext. 1414.

EMPLOYEE RISK ASSESSMENT QUESTIONNAIRE WORKPLACE VIOLENCE

Date: _____

Department: _____

1. Have you experienced verbal abuse (swearing, insults, or degrading language) while employed with Lanier?

Yes _____ No _____

a. If yes, did you report the incident(s) Verbally _____ In Writing _____

b. What was the relationship of the abuser to you?
Co-worker _____ Patient/Family member _____ Other _____

2. Have you experienced verbal or written threats while employed with Lanier? Yes ___ No ___

a. If yes, did you report the incident(s) Verbally _____ In Writing _____

b. What was the relationship of the abuser to you?
Co-worker _____ Patient/Family member _____ Other _____

3. Have you been threatened with physical harm while employed with Lanier? Yes ___ No ___

a. If yes, did you report the incident(s) Verbally _____ In Writing _____

b. What was the relationship of the abuser to you?
Co-worker _____ Patient/Family member _____ Other _____

4. Have you experienced a physical assault or attack while employed at Lanier? Yes ___ No ___

a. If yes, did you report the incident(s) Verbally _____ In Writing _____

b. What was the relationship of the abuser to you?
Co-worker _____ Patient/Family member _____ Other _____

5. Do you ever: (check all that apply)

- _____ work alone
- _____ work in small numbers of co-workers
- _____ work late at night
- _____ work early in the morning
- _____ go to patient homes
- _____ handle cash or prescription medications
- _____ drive on work-related business

6. Do you think that workplace violence is a risk at Lanier? Yes _____ No _____

If yes, please explain why.

Name (optional) _____



*Lanier's Vision
First Choice Healthcare Provider*

Worker's Compensation

Reminder:

Lanier's Worker's Compensation Carrier requires that all employees with worker's compensation injuries receive a drug screen.

A drug screen should be given to the employee regardless if medical treatment is received or not.

Employees are also required to report the injury in a timely manner. Failure to do so could result in disciplinary actions.

Save The Date!
SATURDAY, OCTOBER 9TH,
8:00 am until 12:00 am
Lanier Health Services will
Partner with the
City of Valley
at the Community Center
for the Annual Health Fair

Be Healthy

Recipe

Spinach and Grapefruit Salad

Takes 30-60 minutes to prepare;
makes 6 servings.

1 red onion, thinly sliced
2 large grapefruits
1/3 cup frozen orange juice concentrate
1 tablespoon Dijon mustard
10 ounces baby spinach leaves
2 tablespoon red wine vinegar
2 teaspoon granulated sugar
1 teaspoon olive oil
Salt
Freshly ground black pepper

In a bowl, stir together vinegar, sugar, oil, a pinch of salt and black pepper to taste. Add onions and stir to coat thoroughly. Set aside for 15 to 30 minutes.

- Remove grapefruit skins with a serrated knife. Cut the grapefruit segments from the membrane and place in a bowl. Squeeze juice from the membranes into the bowl as well.

- In a food processor, combine orange juice concentrate, mustard, juice from the grapefruit segments, 1 heaping tablespoon of the marinated onions and a pinch of salt. Process until smooth.
- In a large salad bowl, toss spinach and salad dressing. Drain marinated onions and add to the salad along with the grapefruit segments. Toss gently and serve immediately.

Source:
Alere Healthy Living Kitchens